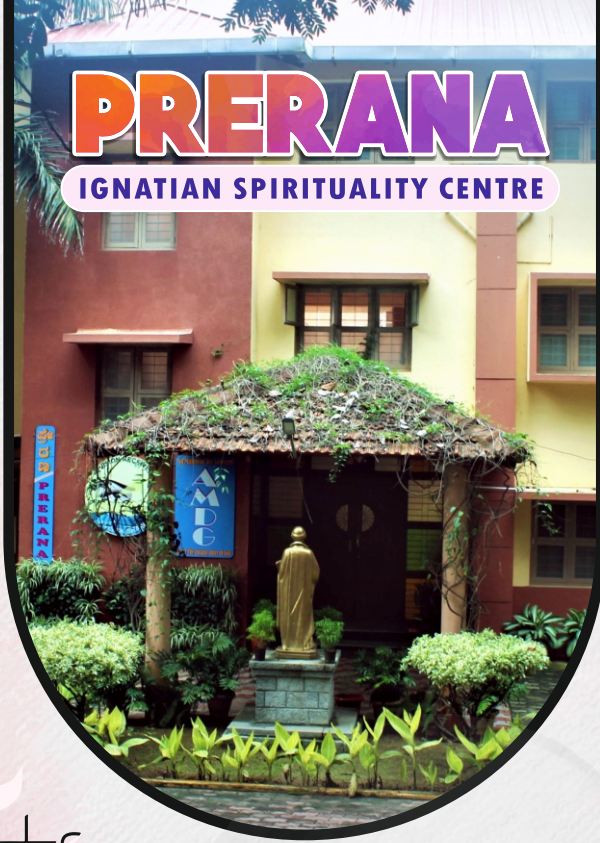


PRERANA

IGNATIUS SPIRITUALITY CENTRE

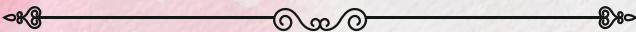


Ignatius00



COURSES

January – December 2022



MOUNT ST JOSEPH

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Log on to our website for online registration

COURSES AT PRERANA – 2022

January 03 - March 04, 2022

TWO MONTHS COURSE IN PREPARATION FOR FINAL PROFESSION

(with weekend integration and personal accompaniment)

Topics: Religious Life, Covenantal Spirituality, Psycho-Sexual & Spiritual Integration, Workshop on Inner Child, Discernment of Spirits, Basic skills of Counselling & Spiritual Direction, Spirituality of Social Justice and Life Skills. The course ends with an Inward Journey retreat. During the course the group will have group processing and personal integration.

Total fee (Stipend+ Board+ Lodging): Rs 29,500;
(Arrival on January 02 by 5 PM; Departure on March 04 by 1 PM)

FINAL PROFESSION COURSE OUTLINE

(Weekly Modules are open to all)

January 04–08: **A NEW WAY OF BEING RELIGIOUS** – Fr Prashanth D'Souza SJ

Total fee (Stipend+ Board+ Lodging): Rs 3,500; (Arrival on January 03 by 5 PM; Departure on January 08 by 4 PM)

January 10–14: **COVENANTAL SPIRITUALITY** – Fr Selva Rathinam SJ

Total fee (Stipend+ Board+ Lodging): Rs 3,500; (Arrival on January 09 by 5 PM; Departure on January 14 by 4 PM)

January 17–22: **PSYCHO-SEXUAL & SPIRITUAL INTEGRATION** – Fr Joe Mathias SJ

Total fee (Stipend+ Board+ Lodging): Rs 4,200; (Arrival on January 16 by 5 PM; Departure on January 22 by 4 PM)

January 24 – 28: **DISCERNMENT IN DAILY LIFE** – Fr Prashanth D'Souza SJ

Total fee (Stipend+ Board+ Lodging): Rs 3,500; (Arrival on January 23 by 5 PM; Departure on January 28 by 4 PM)

Jan 31–February 04: **WORKSHOP ON INNER CHILD** – Fr Wilson OFM Cap

Total fee (Stipend+ Board+ Lodging): Rs 3,500; (Arrival on January 30 by 5 PM; Departure on February 04 by 4 PM)

February 07 – 09: **COUNSELLING & SPIRITUAL DIRECTION** – Fr Joe Mathias SJ

Total fee (Stipend+ Board+ Lodging): Rs 2,100; (Arrival on February 06 by 5 PM; Departure on February 09 by 4 PM)

February 10 – 12: **SPIRITUALITY OF SOCIAL JUSTICE** – Fr Cyprian Tellis SJ

Total fee (Stipend+ Board+ Lodging): Rs 2,100; (Arrival on February 09 by 5 PM; Departure on February 12 by 4 PM)

February 14 – 16: **MISSION OF JESUS, MISSION OF THE RELIGIOUS – Fr Jossie Lobo SJ**

Total fee (Stipend+ Board+ Lodging): Rs 2,100; (Arrival on February 13 by 5 PM; Departure on February 16 by 4 PM)

February 17 – 19: **LIFE SKILLS – Fr Brian Pereira SJ**

Total fee (Stipend+ Board+ Lodging): Rs 2,100; (Arrival on February 16 by 5 PM; Departure on February 19 by 4 PM)

February 22 – March 01: **INWARD JOURNEY RETREAT – Fr Francis Menezes SJ**

Total fee (Stipend+ Board+ Lodging): Rs 5,600; (Arrival on February 21 by 5 PM; Departure on March 01 by 4 PM)

March 07 – 10, 2022: IGNATIAN LEADERSHIP PROGRAMME

(For Southern Zone Jesuits and Lay Collaborators)

(Arrival on March 07 by 12 PM; Departure on March 10 by 4 PM)

March 14 – 23, 2022: RELIGIOUS LEADERSHIP

(For present and would be community animators and directors of works)

This course will deal with Community as Context for Leadership, Team-Building, Stages of & Consultation in Community, Authority, Role & Characteristics of a Religious Leader, Principles of Spiritual Leadership & Religious Governance, Mistakes to Avoid, Coping with Stress & Burn-out. Decision Making, Dealing with Difficult People, Leadership Styles, Power Dynamics, Anger & Conflict Management, Assertive Skills of a Leader, Finance Management.

Prerana Team

Total fee (Stipend+ Board+ Lodging): Rs 7,000;

(Arrival on March 13 by 5 PM; Departure on March 23 by 4 PM)

April 01 – 08: RETREAT FOR SOUTHERN ZONE JESUITS

(Arrival on March 31 by 5 PM; Departure on April 08 by 4 PM)

April 10 – 17

PASCHAL MYSTERY WITH IGNATIUS – III & IV Weeks

This is not a retreat. This is a prayerful, meditative assimilation in deep silence of the spirit of the Holy Week, by meditative reading of the Word of God and contemplative entering into the mysteries of the Lord's Passion according to the method of St Ignatius of Loyola

Fr Freddie D'Silva SJ

Total fee (Stipend+ Board+ Lodging): Rs 5,600;

(Arrival on April 09 by 5 PM; Departure on April 17 by 4 PM)

April 21 – May 22
COURSE ON RETREAT DIRECTION

(For those who are in or will go into retreat ministry)

This course will elaborately deal with Faith Journey, Spirituality, Introduction to and Dynamics of the Spiritual Exercises, Discernment of Spirits, Counselling, Spiritual Direction, Skills Training, 8 – day Ignatian Retreat, Supervised Retreat Direction, Preparation and Presentation of Retreat themes.

Prerana Team

Total fee (Stipend+ Board+ Lodging): Rs 20,800;
(Arrival on April 20 by 5 PM; Departure on May 22 by 4 PM)

June 05 – August 26

THREE MONTHS COURSE IN PREPARATION FOR FINAL PROFESSION

(with weekend integration and personal accompaniment)

Topics: Religious Life, Growing in intimacy with Prayer, Covenantal Spirituality, Psycho-Sexual & Psycho-Spiritual Integration, Workshop on Inner Child, Counselling and Spiritual direction, Discernment in Daily Life, Spirituality of Social Justice, Mission of the Religious and Life Skills. The course ends with an Inward Journey retreat. During the course the group will have group processing and personal integration.

Total fee (Stipend+ Board+ Lodging): 39,900;
(Arrival on June 04 by 5 PM; Departure on August 26 by 1 PM)

FINAL PROFESSION COURSE OUTLINE

(Weekly Modules are open to all)

June 06 – 10: **A NEW WAY OF BEING RELIGIOUS – Fr Prashanth D'Souza SJ**

Total fee (Stipend+ Board+ Lodging): Rs 3,500; (Arrival on June 05 by 5 PM; Departure on June 10 by 4 PM)

June 13 – 17: **GROWING IN INTIMACY WITH PRAYER – Fr Ronald Pais SJ**

Total fee (Stipend+ Board+ Lodging): Rs 3,500; (Arrival on June 12 by 5 PM; Departure on June 17 by 4 PM)

June 20 – 24: **COVENANTAL SPIRITUALITY – Fr Selva Rathinam SJ**

Total fee (Stipend+ Board+ Lodging): Rs 3,500; (Arrival on June 19 by 5 PM; Departure on June 24 by 4 PM)

June 27 – July 01: **PSYCHO-SEXUAL INTEGRATION – Fr Jossy Rodrigues SJ**

Total fee (Stipend+ Board+ Lodging): Rs 3,500; (Arrival on June 26 by 5 PM; Departure on July 01 by 4 PM)

July 04 – 08: PSYCHO-SPIRITUAL INTEGRATION – Fr Joe Mathias SJ

Total fee (Stipend+ Board+ Lodging): Rs 3,500; (Arrival on July 03 by 5 PM; Departure on July 08 by 4 PM)

July 11 – 15: WORKSHOP ON THE INNER CHILD – Fr Wilson OFM Cap

Total fee (Stipend+ Board+ Lodging): Rs 3,500; (Arrival on July 10 by 5 PM; Departure on July 15 by 4 PM)

July 18 – 22: DISCERNMENT IN DAILY LIFE – Fr Prashanth D' Souza SJ

Total fee (Stipend+ Board+ Lodging): Rs 3,500; (Arrival on July 17 by 5 PM; Departure on July 22 by 4 PM)

July 25 – 29: COUNSELLING & SPIRITUAL DIRECTION – Fr Joe Mathias SJ

Total fee (Stipend+ Board+ Lodging): Rs 3,500; (Arrival on July 25 by 5 PM; Departure on July 29 by 4 PM)

August 01 – 05: SPIRITUALITY OF SOCIAL JUSTICE – Fr Cyprian Tellis SJ

Total fee (Stipend+ Board+ Lodging): Rs 3,500; (Arrival on July 31 by 5 PM; Departure on August 05 by 4 PM)

August 08 – 10: MISSION OF JESUS, MISSION OF THE RELIGIOUS – Fr Jossie Lobo SJ

Total fee (Stipend+ Board+ Lodging): Rs 2,100; (Arrival on August 07 by 5 PM; Departure on August 10 by 4 PM)

August 11 – 13: LIFE SKILLS – Fr Brian Pereira SJ

Total fee (Stipend+ Board+ Lodging): Rs 2,100; (Arrival on August 10 by 5 PM; Departure on August 13 by 4 PM)

August 16 – 23: INWARD JOURNEY RETREAT – Fr Francis Menezes SJ

Total fee (Stipend+ Board+ Lodging): Rs 5,600; (Arrival on August 15 by 5 PM; Departure on August 23 by 4 PM)

September 01 – 12: FORMATORS – A Renewal

Youth Today. Challenges of Religious Life Today, Prayer Methods and Problems, Skills in Counselling and Spiritual Direction, Formation Today – dynamics and Challenges, Community Life, Conflict Resolution, Psycho-sexual integration, Self-Transformation and Renewal, Psycho-Spiritual Integration

Total fee (Stipend+ Board+ Lodging): Rs 8,400;

(Arrival on August 31 by 5 PM; Departure on September 12 by 4 PM)

September 16 – 30: RENEWAL PROGRAMME FOR GOLDEN JUBILARIANS

The renewal Programme is an occasion to revisit one's past, rejuvenate one's present and reorient one's future as a Religious by reflecting and assimilating these aspects of Religious Life: Journey through Golden years, Growing Old Gracefully, Journey of Self Transformation ending with an 8-days Retreat.

Prerana Team

Total fee (Stipend+ Board+ Lodging): Rs 10,500;

(Arrival on September 15 by 5 PM; Departure on September 30 by 5 PM)

October 04 – 31: RENEWAL PROGRAMME FOR SILVER JUBILARIANS

The renewal Programme is an occasion to revisit one's past, rejuvenate one's present and reorient one's future as a Religious by reflecting and assimilating these aspects of Religious Life: Mid-Life Transition, Journey through Silver years, Spirituality – A faith journey, Discernment in Daily Life, Psycho-Sexual & Spiritual Integration, Intensive Journal ending with an 8-days Retreat.

Prerana Team

Total fee (Stipend+ Board+ Lodging): Rs 18,850;
(Arrival on October 03 by 5 PM; Departure on October 31 by 5 PM)

November 04 – 30

PASTORAL COURSE FOR THE DEACONS AND NEW PRIESTS

This course offers both theory and practical guidelines from experienced persons in the following areas: Spirituality of a Priest, Counselling and Spiritual Direction, Conflict Management, Psycho-sexual & Spiritual Integration, Discernment in daily Life and Pastoral Leadership today. The course ends with an eight days guided retreat.

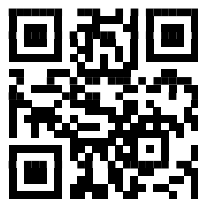
Prerana Team

Total fee (Stipend+ Board+ Lodging): Rs 18,200;
(Arrival on November 03 by 5 PM; Departure on November 30 by 4 PM)



PRERANA IGNATIAN SPIRITUALITY CENTRE

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FOR THE LOCATION