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CENTRE



COURSES

JANUARY – MAY 2023

MOUNT ST JOSEPH

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Log on to our website for online registration

COURSES AT PRERANA : JANUARY – MAY 2023

January 05 – March 10, 2023

TWO MONTHS COURSE IN PREPARATION FOR FINAL PROFESSION

(With weekend integration and personal accompaniment)

Topics: Religious Life, Covenant Spirituality, Psycho-Sexual & Spiritual Integration, Healing the Inner Child, Discernment in daily Life, Basic skills of Counselling & Spiritual Direction, Spirituality of Social Justice, Creative & Critical use of Mass Media, Legal Knowledge and Life Skills. The course ends with an Inward Journey retreat. During the course the group will have group processing and personal integration.

Total fee (Stipend+ Board+ Lodging): Rs 34,000;
(Arrival on January 04 by 5 PM; Departure on March 10 by 1 PM)

FINAL PROFESSION COURSE OUTLINE

(Weekly Modules are open to all)

January 05 – 07: ORIENTATION TO FINAL PROFESSION Prerana Team

January 09 – 13: A NEW WAY OF BEING RELIGIOUS

- Fr Prashanth D'Souza SJ

Total fee (Stipend+ Board+ Lodging): Rs 4,000;

(Arrival on January 08 by 5 PM; Departure on January 13 by 4 PM)

January 16 – 20: COVENANT SPIRITUALITY - Fr. James Dabhi SJ

Total fee (Stipend+ Board+ Lodging): Rs 4,000;

(Arrival on January 15 by 5 PM; Departure on January 20 by 4 PM)

January 23 – 28: PSYCHO-SEXUAL & SPIRITUAL INTEGRATION

- Fr Joe Mathias SJ

Total fee (Stipend+ Board+ Lodging): Rs 4,800;

(Arrival on January 22 by 5 PM; Departure on January 28 by 4 PM)

January 30 – February 03: DISCERNMENT IN DAILY LIFE

- Fr Prashanth D'Souza SJ

Total fee (Stipend+ Board+ Lodging): Rs 4,000;

(Arrival on January 29 by 5 PM; Departure on February 03 by 4 PM)

February 06 – 12: HEALING THE INNER CHILD - Fr Wilson OFM Cap

Total fee (Stipend+ Board+ Lodging): Rs 5,600;

(Arrival on February 05 by 5 PM; Departure on February 12 by 1 PM)

February 13 – 15: COUNSELLING & SPIRITUAL DIRECTION

- Fr Joe Mathias SJ

Total fee (Stipend+ Board+ Lodging): Rs 2,400;

(Arrival on February 12 by 5 PM; Departure on February 15 by 4 PM)

February 16 – 18: SPIRITUALITY OF SOCIAL JUSTICE

- Fr Cyprian Tellis SJ

Total fee (Stipend+ Board+ Lodging): Rs 2,400;

(Arrival on February 15 by 5 PM; Departure on February 18 by 4 PM)

February 20 – 22: MISSION OF JESUS, MISSION OF THE RELIGIOUS

- Fr Joseph Lobo SJ

Total fee (Stipend+ Board+ Lodging): Rs 2,400;
(Arrival on February 19 by 5 PM; Departure on February 22 by 4 PM)

February 23 – 25: LIFE SKILLS - Fr Brian Pereira SJ

Total fee (Stipend+ Board+ Lodging): Rs 2,400;
(Arrival on February 22 by 5 PM; Departure on February 25 by 4 PM)

February 28 – March 01: CRITICAL & CREATIVE USE OF MASS MEDIA

- Fr Melwyn S Pinto SJ

Total fee (Stipend+ Board+ Lodging): Rs 1,600;
(Arrival on February 27 by 5 PM; Departure on March 01 by 4 PM)

March 02 - 06: INWARD JOURNEY RETREAT - Fr Francis Menezes SJ

Total fee (Stipend+ Board+ Lodging): Rs 4,000;
(Arrival on March 01 by 5 PM; Departure on March 06 by 4 PM)

March 07 - 08: LEGAL KNOWLEDGE – Fr Jerald D'Souza SJ

Total fee (Stipend+ Board+ Lodging): Rs 1,600;
(Arrival on March 06 by 5 PM; Departure on March 08 by 4 PM)

March 16 – 20, 2023: IGNATIAN INSIGHTS FOR TODAY'S RELIGIOUS

Prerana is organizing a **Gathering of Ignatian Family (IGFA)** to discuss and deliberate on the Ignatian Heritage.

Topics: Characteristics of Ignatian Spirituality, Synodality: Communion, Participation and Mission – An Ignatian Response, Discernment and Decision-making process and Ignatian way of Governance

Total fee (Stipend+ Board+ Lodging): Rs 4,000
(Arrival on March 15 by 5 PM; Departure on March 20 by 4 PM)

March 24 – April 04: RELIGIOUS LEADERSHIP

(For present and would be community animators and directors of works)

This course will deal with Transformative Leadership to animate community for Apostolic Mission: Community as Context for Leadership, Team-Building, Stages of & Consultation in Community, Authority, Role & Characteristics of a Religious Leader, Principles of Spiritual Leadership & Religious Governance, Mistakes to Avoid, Coping with Stress & Burn-out. Decision Making, Dealing with Difficult People, The art of carefronting, Leadership Styles, Power Dynamics, Anger & Conflict Management, Assertive Skills of a Leader, Finance Management.

Prerana Team

Total fee (Stipend+ Board+ Lodging): Rs 10,000
(Arrival on March 23 by 5 PM; Departure on April 04 by 1 PM)

April 12 – May 13: COURSE ON RETREAT DIRECTION

(For those who are in or will go into retreat ministry)

This course will elaborately deal with Faith Journey, Spirituality, Introduction to and Dynamics of the Spiritual Exercises, Discernment of Spirits, Counselling and Spiritual Direction, Skills Training, 8 – day Ignatian Retreat, Supervised Retreat Direction, Preparation and Presentation of Retreat themes.

Prerana Team

Total fee (Stipend+ Board+ Lodging): Rs 22,500

(Arrival on April 11 by 5 PM; Departure on May 13 by 1 PM)



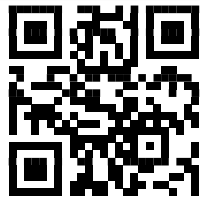
SENDING YOU SOON

PRERANA BROCHURE : JUNE 2023-MAY 2024



PRERANA
IGNATIAN SPIRITUALITY CENTRE

SOS Post Bag 7645, Kalena Agrahara,
Bannerghatta Road, Bengaluru 560 076



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FOR THE LOCATION